

## Food

### Week 1

- \_\_\_ 2 Gallons water per person
- \_\_\_ 1 (Extra) gallon water
- \_\_\_ Sandwich bread (freeze until needed)
- \_\_\_ 3 Boxes quick energy snacks (i.e. granola bars or raisins)
- \_\_\_ 2 Cans ready-to-eat soup
- \_\_\_ 1 Box crackers
- \_\_\_ Dry cereal
- \_\_\_ 4 Cans fruit
- \_\_\_ 5 Cans meat
- \_\_\_ 4 Cans vegetables
- \_\_\_ 1 Jar jelly or jam
- \_\_\_ 1 Jar peanut butter
- \_\_\_ 1 Large can of juice
- \_\_\_ Instant coffee/tea/powered drinks



**Water:** Water will be needed for drinking, cooking and bathing. Store enough bottled water for all members of your family and pets before the storm. Clean water that could be used for bathing & washing dishes is in your water heater.

## Storage

### Week 2

- \_\_\_ 2 Boxes large plastic zip bags
- \_\_\_ Plastic wrap
- \_\_\_ 2 Rolls aluminum foil
- \_\_\_ Assorted plastic containers with lids
- \_\_\_ 3 Boxes heavy-duty garbage bags
- \_\_\_ Waterproof portable plastic container with lid



**Preserving food and important documents:** Electrical power can be off for several days after a storm, so plan for power outages. Also, use waterproof containers to protect important papers.

# Hurricane Season Begins June 1

## Be Ready Escambia!

### Participating Sponsors:



#### Radio:

WCOA-AM 1370 WUWF-FM 88.1  
 WPNN-AM 790 WXBM-FM 102.7  
 WRNE-AM 980 WYCL-FM 107.3  
 WRRX-FM 106.1 WYCT-FM 98.7  
 WTKX -FM 101.5



## Hurricane Supply Kit Shopping List

Everyone needs to prepare for hurricane season, but shopping for hurricane supplies can be expensive and strenuous. Shopping for items a little at a time before a storm can reduce the stress of recovery by avoiding long lines and empty shelves. Get a head start and be prepared!



## Health & First Aid

### Week 3

- \_\_\_ 1 Bottle of shampoo
- \_\_\_ 1 Box sanitary hand wipes/liquid
- \_\_\_ 1 Large tube of toothpaste
- \_\_\_ Antiseptic
- \_\_\_ Deodorant
- \_\_\_ Tweezers
- \_\_\_ Adhesive bandages, assorted sizes
- \_\_\_ Rolls of gauze or bandages
- \_\_\_ Hydrogen peroxide
- \_\_\_ First aid book
- \_\_\_ First aid tape
- \_\_\_ Petroleum jelly
- \_\_\_ Rubbing alcohol



**First Aid:** During a storm, phone and electrical lines go down. Dangerous weather conditions prevent emergency vehicles from responding to emergency situations. Preparing yourself and your family with CPR and first aid training can save the life of a loved one.

## Cleaning & Supplies

### Week 4

- \_\_\_ 2 Packages eating utensils, paper cups, paper plates
- \_\_\_ Facial tissues (i.e. Kleenex)
- \_\_\_ 2 Rolls paper towels
- \_\_\_ 4 Rolls of toilet paper
- \_\_\_ Liquid dish soap
- \_\_\_ Mosquito repellent
- \_\_\_ Matches
- \_\_\_ 2 Pair latex gloves
- \_\_\_ Broom, mop and bucket
- \_\_\_ Unscented liquid bleach



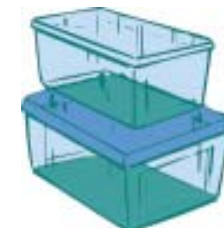
**Use what you have:** Stock up on personal care and cleaning items. Check your supplies now to make sure you have these supplies on hand. Don't forget disposable plates, cups and utensils, paper towels, and toilet paper. Insect repellent and sunscreen should be included. If you have an adequate supply on hand, you will not need to purchase them when you go shopping.

## To Do List Before the Season

- \_\_\_ Make a family plan. Who does what and where will your family ride out the storm
- \_\_\_ Locate your water meter and electrical shutoff
- \_\_\_ Know the disaster plan of your child's school or daycare
- \_\_\_ Trim trees and store loose objects
- \_\_\_ Install/Test your smoke detector
- \_\_\_ Use a video camera to tape the contents of your home and store videotape with a friend or family member who lives out of town
- \_\_\_ Photocopy important papers and store safely
- \_\_\_ Make plans to board your pet if you plan to go to a shelter
- \_\_\_ Obtain cash or travelers checks
- \_\_\_ Establish an out-of-state contact to call in case of emergency

## Keep in a waterproof, portable container:

- Will, insurance policies, contracts, deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)



**Medications** **Week 5**

- 1-gallon water per person
- Anti-diarrhea medicine
- Aspirin and/or acetaminophen
- Extra supply prescription medications(s)
- Adult vitamins
- Thermometer



**Special Needs Shelters:** The county special needs shelter only accepts residents with a physical condition requiring medical or nursing care that cannot be provided for in a general population shelter. Individuals must be able to sleep safely on a cot or mat and meet one of the following criteria:

- Need nursing assistance with medications or medical care administration
- Monitoring vital signs or medical conditions or activities of daily living but do not need hospitalization
- Need constant electrical power for medical equipment.

Pre-registration is required for individuals needing to use the special needs shelter. To register, call (850) 471-6400.

**Common Tools** **Week 6**

- Battery operated radio
- Flashlights
- Flashlight batteries
- Assorted safety pins
- Scissors
- Screwdriver
- Pliers
- Vise grips
- Hammer(s)
- Heavy work gloves
- Stove fuel/charcoal, lighter fluid
- Camping or utility knife
- 1 Box disposable dust masks
- Plastic safety goggles



**Tune In:** Local media are your primary source of information during a disaster. They work with the Emergency Operation Center to provide up to date information that can keep you safe. Be sure to have a battery-operated radio and stock up on plenty of batteries. Stay informed about weather conditions, hazards, closed roads, curfews and relief center locations.

**Heavy Tools** **Week 7**

- Plywood & fasteners to cover windows
- Tarpaulin, canvas for temporary roof repair
- Handsaw and/or chain saw & fuel
- Assorted nails
- Wood screws
- Hatchet
- Crowbar



**Safety:** Most hurricane related injuries occur after the storm when people are cleaning up debris. Wear proper safety gear, make sure you know how to properly use power tools and machinery and never work alone. It may be best to hire skilled and insured professionals to do some of the work.

**Special Items** **Week 8**

- Special foods for special diets
- Extra hearing aid batteries
- Items for denture care
- 1-Gallon of water per pet
- Spare eyeglasses or contact lens supplies
- Leash or pet carrier
- Pet food
- Baby food
- Diapers



**What do YOU need:** Only you know what you need. Some families will need special items added to their disaster list. These include baby food and baby care items as well as items for your pet. Make sure you have spare batteries for your hearing aid and spare pair of eyeglasses. Remember, pets are not allowed in public shelters.

**Smart Supplies** **Week 9**

- Batteries for camping lantern
- Battery powered camping lantern
- Portable camp stove or grill
- Video or disposable camera



**Your Property:** Before hurricane season, make a complete inventory of your valuables and personal property. Store important documents and valuables in a safe dry place. If you evacuate, take them with you if you can. Take a photo inventory before the storm and then take photos of any damage after the storm for your insurance adjuster. Be sure that you are properly insured and understand all of the conditions of your policy prior to a disaster. This will save you from unfortunate surprises during recovery.

**Helpful Supplies** **Week 10**

- Games/activities for kids/family
- Extra radio batteries
- Local and state road maps
- Gas cans

**Have Patience:** Damage after a hurricane is unpredictable. It can take several days, and in some cases, several weeks to restore power. Crews will begin work as soon as they can to clear roads and restore services. Be patient. Plan for loss of power, phones, water and cable television. Have activities on hand for your family. Remember that everyone in the community is experiencing the same disaster. **DO NOT HOARD FUEL.** Work together and help your neighbor.



**Everyday Safety** **Week 11**



- ABC certified fire extinguisher
- Smoke detector with battery
- Carbon monoxide detector

**Everyday Supplies:** Disasters can happen without warning. It is a good idea to have disaster supplies on hand year-round. Make sure you always have a working fire extinguisher, smoke detectors, and a carbon monoxide detector. These items save lives and reduce property damage. To reduce risk of fire, **DO NOT USE CANDLES.** Never use a generator or charcoal grill inside your home or inside your garage.

**Need More Information?**

Helpful tips and information about hurricanes or other disasters and copies of this shopping list are available from

**Escambia County  
Public Safety  
(850) 471-6400**



[www.bereadyescambia.com](http://www.bereadyescambia.com)  
[www.pensacolanewsjournal.com](http://www.pensacolanewsjournal.com)  
[www.weartv.com](http://www.weartv.com)